

(02) Original ideas:

(02) What have you done during this project?

(03) Select three of these which have enabled you to improve your own **individual** performance:

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(03) Select two of these which have enabled you to improve your **group** performance

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(03) Explain clearly how one of these techniques improved your **individual** performance:

(03) Explain clearly how one of these techniques improved your **group** performance: