



It is not always easy to talk to your child about religion and faith.

Here are some tips which you may find useful.

- Be a good role model. Speak positively about your own experiences of religion and faith.
- Read the bible. Your child will receive a Gideon's bible in Year Encourage your child to use the bible in times of happiness and difficulties. In the front of the Gideon Bible it suggests some excellent scripture on where to find help in time of need.
- Develop their understanding of world views. Discuss spiritual, moral, cultural and social issues which occur around the world.
- Challenge intolerance and encourage them to see why other people may disagree with their views.
- Be aware. The internet is a value tool for learning. Make sure your child is aware that not all religious views on the internet are accurate and healthy. Prepare your child for living in modern Britain.
- Get involved in parish life. If you cannot get to church can a relative take them? Enjoy Holy Days like Christmas and Easter. Make them as special as you can. Remind your child of the real meanings of these special days.
- Encourage your child to pray. Let your child know that you pray for them. Prayers from the heart are often the most effective.
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- Take an interest your child's enrichment activities. We offer your child a broad and wide variety of opportunities to receive the sacraments, religious assemblies, form prayers, the chance to go on retreats just to mention a few.

